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E-Safety

What are the dangers/issues faced by our children?

What can we do to protect our children?





Dangers



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Sexting

Online Grooming

Cyber bullying

Online chat

Social Media

Posting Images

Web Cams

Copyright Infringement

Violence and Language



Social Media

The legal age for having a Youtube account is 18 (13 with parental permission).

What's App: 16

Linkedin: 14

Facebook, Twitter, Instagram, Musically, Ask.fm, Pinterest: 13

(Reality – Many children have accounts under the age of 13)

An age limit is set because of the content that users maybe subjected today.

There maybe inappropriate images or videos/use of sexual language or obscene language.

An estimated 59% of children are active on social media by the age of 10.

- ✳ Ask to see your child's Social Media pages
- ✳ Set up your own page and be their friend
- ✳ Urge your child to only friend people they know Face to Face
- ✳ Set security settings together
- ✳ Warn your child about posting pictures and that pictures on the Internet never really go away
- ✳ Remind your child that what they write is a reflection on them



Social Media

Snap Chat/Snap Maps

Originally designed for adults, Snapchat is a smartphone app which is popular among teens and tweens. It allows users to text picture messages to their friends, only for the image to vanish seven to 10 seconds after it's opened.

Sexually explicit images are sent every second by grown-ups on Snapchat. Sadly, this is also now becoming an all-too common occurrence among younger users too. Previously published American research says that as many as 15 per cent of children aged 12 to 17 say they have received a "Sext" from someone they know while four per cent admit they too have sent such images themselves.

GHOST MODE

"We know that young people are increasingly using technology not only to stay in touch, but to explore their sexuality...As these images can be shared so widely and quickly online, young people may become the victims of bullying or harassment. In some rare instances, these images end up in the collections of child sexual offenders".

CEOPS

24% of eight-year-olds have used Snapchat.
75% of teens use it.

88% of images will end up on other internet sites and locations.

Cyber Bullying

"Cyberbullying" is when a child, preteen or teen is tormented, threatened, harassed, humiliated, embarrassed or otherwise targeted by another child, preteen or teen using the Internet, interactive and digital technologies or mobile phones.



<https://www.youtube.com/watch?v=MV5v0m6pEMs>

<http://www.youtube.com/watch?v=nbGlwCJK7FM>



How to Beat Cyber Bullying

Tell your child:

- ✳ Refuse to pass along cyber bullying messages
- ✳ Tell friends to stop cyber bullying
- ✳ Block communication with cyber bullies
- ✳ Report cyber bullying to a trusted adult

STOP BLOCK TELL



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Online Chat

Social media is an easy way to talk to people.....

The problem is.....Who are your children talking to?

Games are increasingly likely to have chat ability.

Robolox (for 8-12 years of age)

Allows them to be contacted by millions of strangers. (Parents can switch the chat facility off)

Ask.fm – Linked to multiple deaths – More than 60 million users – More than half under 18. Hannah Smith (UK) committed suicide after comments such as, "cow", "fat +++++" "ugly +++++ and "self harmin +++++". One user said she should "go die, evry l wuld be happy", another recommended: "do us all a favour n kill ur self". Someone told her "no l would care if ya died u cretin".

<https://www.youtube.com/watch?v=cVIZCF4oueQ>

https://www.youtube.com/watch?v=_o8auwnJtqE



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Online Predators

Their Ultimate goal: To meet the child in person

- ✳ Chat online
- ✳ Gain trust
- ✳ Have telephone conversations
- ✳ Promise gifts
- ✳ Tell the child they will report them to their parents
- ✳ Desensitize child

One of the attractions of the Internet is the anonymity of the user, and this is why it can be so dangerous. A child doesn't always know with whom he or she is interacting. Children may *think* they know, but unless it's a school friend or a relative, they really can't be sure. Often we think of paedophiles as having access to children out on the playground and other places, but because of the way the Internet works, children can actually be interacting on their home computers with adults who pretend to be children.



Be Safe When Chatting Online

- ❖ **Be careful who you trust online** and remember that online friends are really strangers. People online, no matter how long you have been talking to them or how friendly they are, may not be who they say they are. It is better not to talk to anyone you do not know in real life.
- ❖ **Stay in charge in chat.** Keep your personal information secret when chatting online (name, address, telephone number, mobile number, private email address, picture, school), even if people ask for this.
- ❖ **Tell your parent or carer** if someone or something makes you feel uncomfortable or worried.



Sexting

The mother of a schoolboy who sent a naked photo of himself to a girl has won the right to a judicial review over a police force's refusal to delete his name from its records.

The boy, aged 14 at the time, was not arrested or prosecuted by Greater Manchester Police.

His mother said she was concerned police could release the information to potential employers when he is older.

The boy sent the naked photograph over social media to a girl at his school. The girl then shared the image, sent two years ago, with others.

Sending a sexual text, image or video can be dangerous if shared with the wrong person. Once you send a message, you're not in control of what happens to it.

When you're under 18 it's against the law for anyone to take or have a sexual photo of you – even if it's a selfie.

This means that if you pressure someone into taking a photo or you share a sexual photo with someone, you're breaking the law. The police have the power to decide whether it's for the best to record what's happened or to take things further. But the law is there to protect young people, not punish them.



Web Cams



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Webcams pose a serious risk to children because it allows an open window into the activities and lives (and bedrooms) of children and teens, and sexual predators are using this technology to their own perverted advantage to target and sexually abuse innocent children. There is also a very dangerous webcam-specific virus or worm called *****, where a child molester can recognize that a child or teen has a webcam attached to the computer and is able to remotely activate the young person's webcam without their knowledge or approval.

- ❖ Remember the blue tac
- ❖ Use web cams in public places (not the bedroom)
- ❖ Set apps and software to not allow camera facility.



How Can You Help Your Children Stay Safe?

- ✳ Talk with your child about their online friends
- ✳ Ask to see their online pages
- ✳ Review basic online safety procedures
- ✳ Limit your child's time on the computer or other electronic devices
- ✳ Keep computers in public places of the house
- ✳ Be vigilant
 - ✳ Never give your real name
 - ✳ Don't give out phone numbers or addresses
 - ✳ Change your passwords regularly
 - ✳ Don't wear clothes that can identify you from a particular school or place.
 - ✳ Use software like: Bark, Limitly and Track Kidz to monitor



Illegal Downloading

Breaking the law: File swapping is when children share music, movies, games, software, or pictures using peer-to-peer (P2P) software like Limewire (shut down) Wire share (replacement) or Kazaa (shut down), emule, Shareaza

Downloading of copyrighted (without the authors permission) material is Illegal.

Illegal downloading in the UK has become a massive threat to the music and film industries. In 1997, 78 million singles were sold in the UK; In 2014 it was just 8.6m. It is estimated that half the population has engaged in some sort of nefarious downloading in the last five years.

What could happen: Fines or even imprisonment.

Playing Games

Teens who spend too much time playing computer games -- particularly those games with violent content -- risk having problems with violent and aggressive behaviour, according to studies reported by the Palo Alto Medical Foundation. Teenagers learn to identify with game characters, and repeated use of games that promote violence and aggression make it difficult for some adolescents to separate real life from the imaginary "first-person" gaming experience.

Medical Issues:

- ❖ Computer vision syndrome, a condition that may cause progressive nearsightedness.
- ❖ Ergonomic problems from poor body positioning, or from the position of the computer and screen.
- ❖ Children also risk developing carpal tunnel syndrome in wrists from repetitive play.

It is an offence to supply such a game to anyone below the age limit, punishable by a fine of up to £5000 or up to six months in prison. (

The different age limits:



Grand Theft Auto 18, Call of Duty 16-18, Assassins Creed 18

Film Ratings

Much the same as games – Ratings for films are there for a reason.

The content is not designed for children under the designated age.

It – 15+

UK Film Ratings

Symbol	Name	Consumer advice	Examples
	Universal	Suitable for all ages	Star Wars The Little Mermaid
	Parental Guidance	Everyone can watch but children need a guardian	Big Fat Liar My Big Fat Greek wedding
	12A	Children under 12 years of age are not admitted without a guardian	Sky fall Pacific Rim Iron Man3
	12	Suitable only for 12 years and over, not to be supplied to anyone below that age	Top Gun Forrest Gump City of Angels
	15	Suitable only for 15 years and over, not to be supplied to anyone below that age	The Matrix Birdman Left Behind
	18	Suitable only for 18 years and over, not to be supplied to anyone below that age	Pulp Fiction Don Jon The Wolf of Wall Street
	Restricted 18	Suitable only for 18 years and over, not to be supplied to anyone below that age (Only specially authorized theaters are available)	The Bunny Game

Family logo with 3 persons from younger to older - Suitable for all ages.

7A - Viewers under 7 years old can watch with accompanying family members.

7+ - Suitable for viewers aged 7 and older.

7+ 13A - Viewers aged 7 to 12 can watch with accompanying family members.

13+ - Suitable for viewers aged 13 and older.

13+ 15A - Viewers aged 13 and 14 can watch with accompanying family members.

15+ - Suitable for viewers aged 15 and older.

18+ - Suitable for viewers aged 18 and older.



Useful Websites



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<http://www.ceop.police.uk/>

<http://www.kidsmart.org.uk/>

<http://www.netsmartz.org/Parents>

<http://www.safe.met.police.uk/index.html>

<http://stopcyberbullying.org/index2.html>

<https://www.internetmatters.org/>

<https://www.thinkuknow.co.uk/>

<http://www.childnet.com/>

<http://www.digizen.org/>

<https://www.childline.org.uk/info-advice/bullying-abuse-safety/online-mobile-safety/sexting/>



Questions?



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